

OFFICIAL FIS REGULATIONS

DISCIPLINE		SKI LENGTH (MINIMUM) SKI LENGTH MEASUREMENT TOLERANCE OF +/-1 CM	RADIUS (MINIMUM)	PROFILE WIDTH UNDER BINDING	PROFILE WIDTH IN FRONT OF BINDING	MAX. STANDING HEIGHT (SKI/ PLATES/BINDING)
DH	m	218 **	50	<= 65	<= 95	50
	w	210 **	50	<= 65	<= 95	50
SG	m	210**	45	<= 65	<= 95	50
	w	205**	40	<= 65	<= 95	50
GS	m	193**	30	<= 65	<= 103	50
	w	188**	30	<= 65	<= 103	50
SL	m	165*		<= 63		50
	w	155		<= 63		50

** -5cm tolerance for FIS / *Men U18 (first year) at FIS -10cm tolerance

U14 (K1) AND U16 (K2)

DISCIPLINE		SKI LENGTH (MINIMUM)SKI LENGTH MEASUREMENT TOLERANCE OF +/-1 CM	RADIUS (MINIMUM)	PROFILE WIDTH UNDER BINDING	MAX. STANDING HEIGHT (SKI/PLATES/BINDING)
SG	U14 (K1) m/w			<= 65	50
	U16 (K2) m/w	>= 183	30	<= 65	50
GS	U14 (K1) m/w	<= 188	17	<= 65	50
	U16 (K2) m/w	<= 188	17	<= 65	50
SL	U14 (K1) m/w	>= 130			50
	U16 (K2) m/w	>= 130			50

>= minimum / <= maximum